

Zone 40 Camp: What To Bring List

PLEASE PUT YOUR NAME ON EVERYTHING!!!

Clothes:

- Enough underwear, socks, t-shirts, long sleeve shirts, shorts, long pants for 3 or 4 days. Please try to bring old clothes – they will get dirty. Clothes should also offer some protection from the sun and allow your child to participate in all activities.
- At least 2 warm jumpers
- A warm parka or jacket (it can get very cold)
- 2 pairs of covered good-grip shoes, including one pair which can get muddy whilst caving
- A pair of thongs or waterproof sandals
- Warm Pyjamas
- Rain coat
- A beanie and gloves (recommended)
- Gumboots

NB A broad brimmed hat will be provided.

Sleeping Gear:

Most campers will be sleeping in tents. It is our plan to be in tents that have built in floors, but we ask for your child's comfort that you ensure that you bring all things on the list. Inner sheets in particular can raise the temperature of a sleeping bag by 3-4 degrees and are always a helpful addition. We realise all campers may not own these items and are more than happy to help you find someone to borrow from.

- A warm sleeping bag **and** a blanket (again, the nights are cold!)
- An inner sheet (optional)
- Pillow
- A foam or self-inflating thermal mat if in tent (Please do not bring airbeds or stretchers)
- Fitted sheet (If you are in Years 3 & 4 - cabins)

Eating Gear: (name labelled)

In a sturdy bag:

- Plastic plate, bowl and cup
- Knife, fork and spoon
- Tea towel

Miscellaneous:

- small backpack
- Drink bottle
- Towel
- Toiletries: soap, shampoo, deodorant, toothpaste and toothbrush, hairbrush/comb
- Sunscreen + insect repellent
- Any medication required (**Please send in a snap lock bag with your child's name and dosage requirements** included. Medications that have needed to have been added since you registered can be included - please specifically mention these changes when you drop your child off.)
- Torch (with spare batteries in a named snaplock bag)

- Multiple Plastic bags for wet and dirty clothes
- Small soft toy - even the leaders will be bringing their teddy bears!

Activity Related Items:

- "SPEAK UP/ LOUD" themed outfit for disco e.g. come dressed in bright/loud clothing.

PLEASE DO NOT BRING

- Electronic devices including cameras, iPods, game boys, phones etc. (Any devices that might connect to the internet belonging to campers will be confiscated and returned at the end of camp. Due care will be taken with those items, but we won't take responsibility for any loss or damage to them.)
- Money (There is nowhere to spend it!)
- Any food that you haven't mentioned on your registration form (Due to possible allergies of other campers)